

Polar League Girls - 5/18/2016

Esko Stadium

Teams:

1) Esko High School	135	2) Cromwell-Wright	126.50
3) SouthRidge	116.50	4) Two Harbors	105
5) MooseLake/WillowRiver	55	6) Barnum High School	43
7) Carlton	39.50	8) Silver Bay	35
9) CookCounty	12	10) McGregor	7.50
11) Floodwood High School	5	12) Wrenshall	3

Girls 100 Meter Dash

Conference: & 12.63 2003 Jenna Halverson, Barnum

Name Year School Finals H# Points

Finals

1	Jessie Juenemann	12 Two Harbors	13.20	4	10
2	Sophie Richardson	8 Barnum	13.28	4	8
3	Anja Shoenberg	8 Cromwell-Wri	13.43	4	6
4	Olivia Rengo	12 Esko High School	13.49	4	5
5	Sophie Lenz	9 SouthRidge	13.60	4	4
6	Kennedy Bryant	9 Mlwr	13.62	4	3
7	Kiiera Anderson	12 Cromwell-Wri	13.84	3	2
8	Ravin Higbee	7 Floodwood High S	13.86	4	1
9	C.J. Thompson	8 Floodwood High S	14.04	4	
10	Karly Fleischer	11 Two Harbors	14.07	3	
11	Remington Laveau	9 Carlton	14.12	3	
12	Claire LaVigne	9 CookCounty	14.24	2	
13	Corrina Marolt	8 Silver Bay	14.28	3	
14	Lauren Hartman	8 Mlwr	14.33	3	
15	Taylor Mejdrich	9 SouthRidge	14.34	3	
16	Elizabeth House	10 Carlton	14.48	3	
17	Jenna Zdebski	8 Esko High School	14.49	2	
18	Riki Mae Duevel	7 Barnum	14.57	2	
19	Cheyenne Carlson	9 Wrenshall	14.58	3	
20	Zoe Nonnemacher	7 CookCounty	14.59	1	
21	Joey Lakoskey	7 SouthRidge	14.78	2	
22	Alissa Smith	11 Wrenshall	14.92	2	
23	Ellie Fischer	7 Silver Bay	14.93	2	
24	Kayla Hanson	10 Two Harbors	15.01	2	
25	Taylor Westendorf	9 Barnum	15.15	2	
26	Mackenzie Dwyer	9 Silver Bay	15.34	1	
27	Anne-Charlotte Lhuire	12 Carlton	16.32	1	
28	Chloe Blackburn	8 CookCounty	16.93	1	
29	Heather Couture	9 Esko High School	18.77	1	
--	Brooklyn Morneau	11 Wrenshall	DQ	1	

Girls 200 Meter Dash

Conference: & 25.96 2002 Katie Waters, Carlton - Wrenshall

Name Year School Finals H# Points

1	Jessie Juenemann	12 Two Harbors	26.96	4	10
2	Olivia Rengo	12 Esko High School	27.12	4	8
3	Alexxa DeQuevedo	9 Silver Bay	28.05	4	6
4	Anja Shoenberg	8 Cromwell-Wri	28.26	4	5
5	Jocelyn Russell	10 Silver Bay	28.38	2	4
6	Sophie Richardson	8 Barnum	28.41	4	3
7	Kennedy Bryant	9 Mlwr	28.53	3	2
8	Dana Weets	8 Barnum	28.90	3	1
9	Sami Szendrey	9 Two Harbors	28.97	4	
10	Mikayla Mellesmoen	9 SouthRidge	28.98	4	

11 Remington Laveau	9 Carlton	29.09	3
12 Karly Fleischer	11 Two Harbors	29.24	3
13 Ravin Higbee	7 Floodwood High S	29.25	3
14 Kiersten Evenson	11 Mlwr	29.47	2
15 Claire LaVigne	9 CookCounty	29.50	2
16 Corrina Marolt	8 Silver Bay	29.57	3
17 Bailey Gibbs	12 Cromwell-Wri	29.72	4
18 Lauren Hartman	8 Mlwr	29.84	2
19 Lia Borchardt	9 Esko High School	30.01	2
20 Savanna Shady	9 Esko High School	30.16	2
21 Anabel Marotz	10 McGregor High Sc	30.33	2
22 Riki Mae Duevel	7 Barnum	30.34	3
23 Cheyanne Carlson	9 Wrenshall	30.53	1
24 Lizzie Hey	7 Carlton	30.67	3
25 Zoe Nonnemacher	7 CookCounty	30.85	1
26 Brooklyn Morneau	11 Wrenshall	32.27	1
27 Alissa Smith	11 Wrenshall	32.71	1
28 Sadie Theel	7 SouthRidge	33.64	1
29 Anne-Charlotte Lhuire	12 Carlton	34.27	1
30 Courtney Young	7 Floodwood High S	34.33	2
31 Zoe Trip	7 SouthRidge	35.24	1

Girls 400 Meter Dash

Conference: & 59.88 2013 Marisa Shady, Esko

Name	Year School	Finals	H#	Points
1 Andrea Hakamaki	12 Cromwell-Wri	60.85	3	10
2 Teana Hakamaki	10 Cromwell-Wri	62.58	3	8
3 Makenzee Schleret	8 Barnum	62.89	3	6
4 Olivia Rengo	12 Esko High School	62.95	3	5
5 Nicole Tekippe	12 Mlwr	65.88	3	4
6 Anabel Marotz	10 McGregor High Sc	65.91	3	3
7 Brittany Hillstrom	11 Carlton	66.17	3	2
8 Sophie Eliasen	9 CookCounty	66.46	3	1
9 Faith Scamehorn	11 Two Harbors	67.39	2	
10 Jamie Broman	8 SouthRidge	67.45	2	
11 Molly Thomas	11 CookCounty	68.06	2	
12 Elisa Galyen	9 Two Harbors	68.73	2	
13 Lizzie Hey	7 Carlton	68.99	2	
14 Charis Blacklock	9 Mlwr	69.94	2	
15 Hailey Tauzell	7 Wrenshall	70.31	2	
16 Tamera Lundstrom	7 Floodwood High S	70.98	1	
17 Elsa Mowers	7 Esko High School	72.33	2	
18 Abrianna Mellesmoen	12 SouthRidge	72.39	1	
19 Corina Alexy	10 Wrenshall	72.56	1	
20 Calista Bergerson	9 Two Harbors	72.65	1	
21 Katrina Chapman	8 SouthRidge	74.94	1	
22 Alexis Perry	8 Wrenshall	75.26	1	
23 Haley Sonneman	11 Esko High School	76.63	1	

Girls 800 Meter Run

Conference: & 2:22.85 2010 Katie Shelrud, Esko

Name	Year School	Finals	Points
1 Andrea Hakamaki	12 Cromwell-Wri	2:31.66	10
2 Anna Hall	12 SouthRidge	2:34.57	8
3 Teana Hakamaki	10 Cromwell-Wri	2:34.98	6
4 Brittany Hillstrom	11 Carlton	2:35.78	5
5 Mary Libby	8 Two Harbors	2:38.91	4
6 Esther Vogt	9 Barnum	2:39.76	3

7 Makenna Coan	9 Two Harbors	2:39.78	2
8 Sophie Eliassen	9 CookCounty	2:40.21	1
9 Skyla Thompson	7 Mlwr	2:40.29	
10 Emily Seipke	7 Two Harbors	2:40.35	
11 Annika Wold	9 Esko High School	2:43.48	
12 Michaela Jackson	11 McGregor High Sc	2:46.35	
13 Margret Moores	10 Esko High School	2:47.40	
14 Makayla Wold	11 Esko High School	2:51.37	
15 Hailey Tauszell	7 Wrenshall	2:52.15	
16 Lexi Tekippe	9 Mlwr	2:52.22	
17 Steph Pasek	11 Mlwr	2:53.10	
18 Neva Polo	7 Floodwood High S	2:54.51	
19 Makayla Wojtysiak	10 SouthRidge	2:57.11	
20 Emily Fosso	7 SouthRidge	2:59.00	

Girls 1600 Meter Run

Conference: & 5:19.11 2003 Liz Palki, Carlton - Wrenshall

Name	Year School	Finals	Points
1 Erika Fox	11 Carlton	5:21.32	10
2 Sydney Haugan	8 Two Harbors	5:41.64	8
3 Allie Mayfield	12 Two Harbors	5:44.00	6
4 Carle Helberg	10 Esko High School	5:51.99	5
5 Onna Campbell	10 SouthRidge	5:58.15	4
6 Abigale Seipke	12 Two Harbors	6:02.61	3
7 Taina Koivisto	9 SouthRidge	6:03.89	2
8 Gracelynn Otis	12 SouthRidge	6:07.38	1
9 Michaela Jackson	11 McGregor High Sc	6:16.25	
10 Louise Ramberg	7 CookCounty	6:16.87	
11 Emily Rish	11 Esko High School	6:25.72	
12 Paige Hill	11 Esko High School	6:30.58	
13 Jasmine Collins	9 McGregor High Sc	6:53.28	
14 Meghan Granquist	9 Mlwr	7:01.51	
15 Amelia Roth	10 CookCounty	7:32.40	
16 Aurora Schelmeske	8 CookCounty	7:57.05	

Girls 3200 Meter Run

Conference: & 11:41.92 2008 Kaycee Knutson, Esko

Name	Year School	Finals	Points
1 Erika Fox	11 Carlton	11:49.60	10
2 Savannah Gamst	8 Mlwr	12:22.05	8
3 Allie Mayfield	12 Two Harbors	12:29.78	6
4 Liz Poskie	12 SouthRidge	12:40.80	5
5 Onna Campbell	10 SouthRidge	13:03.83	4
6 Sydney Haugan	8 Two Harbors	13:05.13	3
7 Carle Helberg	10 Esko High School	13:05.60	2
8 Isabel Schottenbauer	7 Two Harbors	13:09.46	1
9 Taina Koivisto	9 SouthRidge	13:38.89	
10 Amber Collman	8 Cromwell-Wri	13:44.84	
11 Alexis Vanderpoel	10 Wrenshall	14:26.57	
12 Marin Hay	11 CookCounty	14:49.75	
13 Alyssa Martinson	11 CookCounty	15:33.44	

Girls 100 Meter Hurdles

Conference: & 15.74 1993 Gina Perich, Esko

Name	Year School	Finals	H#	Points
1 Alexxa DeQuevedo	9 Silver Bay	16.81	2	10

2	Ava Gonsorowski	11	Esko High School	16.95	2	8
3	Brianna Hiukka	10	Two Harbors	17.97	2	6
4	Lily Hall	10	SouthRidge	18.76	2	5
5	Emily Bryant	11	Esko High School	19.26	1	4
6	Hannah Maninga	9	SouthRidge	19.49	1	3
7	Neva Polo	7	Floodwood High S	19.76	2	2
8	Katarina Hanson	10	Two Harbors	20.68	2	1
9	Kaydi Hoey	11	Two Harbors	21.11	1	
10	Kenadi Olson	9	SouthRidge	21.47	1	
11	Johnette Ostlund	7	Carlton	21.68	1	
12	Makenzie Holland	11	Esko High School	22.08	2	
13	Katelyn Bergin	8	Floodwood High S	22.32	1	
14	Robin Henrikson	8	CookCounty	22.34	2	
15	Linnea Henrikson	10	CookCounty	23.30	1	
16	Jenna Koenig	12	Cromwell-Wri	24.05	1	

Girls 300 Meter Hurdles

Conference: & 46.44 1993 Gina Perich, Esko

Name	Year	School	Finals	H#	Points
1	Alexxa DeQuevedo	9	Silver Bay	48.25	3 10
2	Ava Gonsorowski	11	Esko High School	49.19	3 8
3	Ashlie Johnson	12	Esko High School	52.02	3 6
4	Lily Hall	10	SouthRidge	52.05	3 5
5	Shaily Hakamaki	8	Cromwell-Wri	53.25	3 4
6	Brianna Hiukka	10	Two Harbors	53.69	2 3
7	Katarina Hanson	10	Two Harbors	55.41	3 2
8	Ellie Varo	7	Barnum	56.26	2 1
9	Hannah Maninga	9	SouthRidge	56.74	3
10	Brita Mowers	9	Esko High School	57.61	3
11	Callie Swanson	10	Two Harbors	60.29	2
12	Robin Henrikson	8	CookCounty	60.41	1
13	Linnea Henrikson	10	CookCounty	64.11	1
14	Jenna Koenig	12	Cromwell-Wri	64.14	1
15	Kenadi Olson	9	SouthRidge	64.25	2
16	Katelyn Bergin	8	Floodwood High S	70.55	2

Girls 4x100 Meter Relay

Conference: & 51.79 2012 Two Harbors, Two Harbors

School	Finals	H#	Points
1 Esko High School 'A'	53.64	2	10
1) Alexis Smalley 12	2) Suntina Spehar 12		
3) Merle Mrozik 7	4) Selena Shady 11		
2 Cromwell-Wright 'A'	53.76	2	8
3 Two Harbors 'A'	53.97	2	6
4 SouthRidge 'A'	54.02	2	5
5 Barnum High School 'A'	55.41	2	4
6 Wrenshall High School 'A'	57.56	2	3
7 Floodwood High School 'A'	59.38	2	2
8 Silver Bay 'A'	60.31	1	1
9 Carlton 'A'	61.49	1	
10 CookCounty 'A'	74.91	1	

Girls 4x200 Meter Relay

Conference: & 1:50.91 2008 Esko, Esko

School	Finals	Points
1 Esko High School 'A'	1:52.76	10

1) Alexis Smalley 12	2) Ashlie Johnson 12
3) Suntina Spehar 12	4) Merle Mrozik 7
2 Cromwell-Wright 'A'	1:56.36 8
3 Barnum High School 'A'	1:56.85 6
4 SouthRidge 'A'	1:59.46 5
5 Silver Bay 'A'	2:04.23 4
6 Two Harbors 'A'	2:04.93 3
7 CookCounty 'A'	2:22.03 2

Girls 4x400 Meter Relay

Conference: & 4:13.11 2012		Esko, Esko	
School		Finals	Points
1 Cromwell-Wright 'A'	4:21.79	10	
1) Teana Hakamaki 10	2) Bailey Gronner 11		
3) Taya Hakamaki 8	4) Andrea Hakamaki 12		
2 Esko High School 'A'	4:28.02	8	
3 MooseLake/WillowRiver 'A'	4:35.10	6	
4 SouthRidge 'A'	4:38.79	5	
5 Two Harbors 'A'	4:38.82	4	
6 Barnum High School 'A'	4:39.86	3	
7 CookCounty 'A'	4:41.47	2	
8 Carlton 'A'	4:45.34	1	
9 McGregor High School 'A'	4:56.72		

Girls 4x800 Meter Relay

Conference: & 9:47.77 2011		Esko, Esko	
School		Finals	Points
1 SouthRidge 'A'	10:21.11	10	
1) Anna Hall 12	2) Lily Hall 10		
3) Gracelynn Otis 12	4) Liz Poskie 12		
2 Two Harbors 'A'	10:43.63	8	
3 MooseLake/WillowRiver 'A'	11:03.68	6	
4 Esko High School 'A'	11:23.01	5	
5 Cromwell-Wright 'A'	12:43.87	4	
6 CookCounty 'A'	13:34.52	3	

Girls High Jump

Conference: & 5-05.25 1993		Gina Perich, Esko	
Name	Year School	Finals	Points
1 Suntina Spehar	12 Esko High School	5-00.00	10
2 Sophie Lenz	9 SouthRidge	4-06.00	8
3 Shaily Hakamaki	8 Cromwell-Wri	J4-06.00	6
4 Michaela Jackson	11 McGregor High Sc	4-04.00	4.50
4 Elizabeth House	10 Carlton	4-04.00	4.50
6 Haley Sonneman	11 Esko High School	J4-04.00	2.50
6 Mikayla Mellesmoen	9 SouthRidge	J4-04.00	2.50
8 Julia McDonald	12 Two Harbors	J4-04.00	1
9 Ravin Higbee	7 Floodwood High S	4-02.00	
9 Charis Blacklock	9 Mlwr	4-02.00	
9 Kenadi Olson	9 SouthRidge	4-02.00	
9 Chloe Hietala	8 Two Harbors	4-02.00	
9 C.J. Thompson	8 Floodwood High S	4-02.00	
14 Tamera Lundstrom	7 Floodwood High S	4-00.00	

Girls Pole Vault

Conference: & 9-06 2002 Bridget Zimny / Erika Shady, Esko

Name	Year School	Finals	Points
1 Emily Bryant	11 Esko High School	7-06.00	10
2 Ava Gonsorowski	11 Esko High School	7-00.00	8
3 Skyla Thompson	7 Mlwr	5-00.00	6

Girls Long Jump

Conference: & 15-11 2010 Katie Tonner / Matisa Shady, Esko

Name	Year School	Finals	Points
1 Makayla Goerd	12 SouthRidge	15-10.50	10
2 Kennedy Bryant	9 Mlwr	15-06.25	8
3 Shaily Hakamaki	8 Cromwell-Wri	15-02.75	6
4 Ava Gonsorowski	11 Esko High School	15-01.25	5
5 Taylor Mejdrih	9 SouthRidge	14-07.75	4
6 Alexis Smalley	12 Esko High School	14-00.00	3
7 Rheo Johnson	8 Two Harbors	13-11.50	2
8 Selena Shady	11 Esko High School	13-10.00	0.50
8 Bailey Gronner	11 Cromwell-Wri	13-10.00	0.50
10 Elizabeth House	10 Carlton	13-09.00	
11 Rosalie Richardson	9 Barnum	13-04.25	
12 Anna Hall	12 SouthRidge	13-03.00	
13 Dana Weets	8 Barnum	13-01.50	
14 Viviane Mickelson	8 Two Harbors	13-01.00	
15 Neva Polo	7 Floodwood High S	12-09.75	
16 Anabel Marotz	10 McGregor High Sc	12-04.50	
17 Claire LaVigne	9 CookCounty	12-01.25	
18 Brooklyn Morneau	11 Wrenshall	12-01.00	
19 Julia McDonald	12 Two Harbors	11-09.00	
20 Alissa Smith	11 Wrenshall	11-07.00	
21 Hailey Tauzell	7 Wrenshall	11-06.75	
22 Gracie Nelson	8 Barnum	11-06.00	
23 Lauren Hartman	8 Mlwr	11-05.00	
24 Jasmine Collins	9 McGregor High Sc	11-02.50	
25 Anne-Charlotte Lhuire	12 Carlton	10-11.75	
26 Tamera Lundstrom	7 Floodwood High S	10-02.75	
27 Abbey Stoddard	7 CookCounty	8-10.50	

Girls Triple Jump

Conference: & 33-08 2015 Kennedy Bryant, MLWR

Name	Year School	Finals	Points
1 Kennedy Bryant	9 Mlwr	32-09.00	10
2 Makayla Goerd	12 SouthRidge	32-08.00	8
3 Shaily Hakamaki	8 Cromwell-Wri	32-07.00	6
4 Selena Shady	11 Esko High School	31-05.50	5
5 Makenzie Holland	11 Esko High School	29-08.00	4
6 Ashlie Johnson	12 Esko High School	29-02.00	3
7 Natalie Whitney	10 SouthRidge	29-00.50	2
8 Teana Hakamaki	10 Cromwell-Wri	28-00.00	1
9 Bailey Gronner	11 Cromwell-Wri	27-08.00	
10 Elva Kingbird	9 Carlton	26-11.50	
11 Sophie Eliasen	9 CookCounty	26-04.00	
12 Julia McDonald	12 Two Harbors	25-02.50	

Girls Shot Put

Conference: & 38-10.50 1982 Robyn Anderson, Carlton - Wrenshall

Name	Year School	Finals	Points
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1	Kaylee Besch	11 Cromwell-Wri	33-05.50	10
2	Chelsea Kolkin	12 Two Harbors	32-05.25	8
3	Ryanna Anvid	11 SouthRidge	30-11.75	6
4	Ashley Anderson	12 Carlton	30-09.75	5
5	Johanna Johnson	9 Cromwell-Wri	29-07.00	4
6	Emily Jacobsen	11 CookCounty	28-09.50	3
7	Teyha LaPrairie-Davis	11 Carlton	28-04.00	2
8	Jessica Peer	10 Two Harbors	26-05.25	1
9	Zoie Johnson	7 Esko High School	26-04.00	
10	Alicia Smith	11 CookCounty	25-07.50	
11	Kiersten Evenson	11 Mlwr	25-06.50	
12	Lacie Zoeller	8 Cromwell-Wri	24-09.00	
13	Crystal Larson	11 Silver Bay	24-08.00	
14	Amanda Groth	12 Carlton	24-05.00	
14	Alexis Bonneville	8 Barnum	24-05.00	
16	Kendal Miletich	8 Barnum	23-08.00	
17	Paige Keski	7 Esko High School	23-05.50	
18	Tachianna Charpenter	12 Mlwr	22-03.50	
19	Amanda Smitke	11 Two Harbors	21-11.00	
20	Mercedes Moffett	12 Mlwr	21-07.50	
21	Ashley Evans	10 Silver Bay	21-02.50	
22	Natalie Nelson	10 Silver Bay	21-00.00	
23	Julia Larsen	11 CookCounty	20-10.00	
24	Taylor Broman	9 SouthRidge	19-03.50	
25	Abbie Menze	11 Wrenshall	19-02.00	
26	Alaura Anderson	10 SouthRidge	19-01.50	
27	Arraya Laitinen	9 Barnum	19-00.00	
28	Maia Lentz	8 Floodwood High S	18-11.50	
29	Miranda Poissant	8 Wrenshall	18-08.00	

Girls Discus Throw

Conference: & 128-00 1988 Marnie Hedin, Carlton - Wrenshall

Name	Year School	Finals	Points
1	Ryanna Anvid	11 SouthRidge	107-08 10
2	Johanna Johnson	9 Cromwell-Wri	107-05 8
3	Jessie Juenemann	12 Two Harbors	100-01 6
4	Alexis Bonneville	8 Barnum	97-03 5
5	Kaylee Besch	11 Cromwell-Wri	95-03 4
6	Kendal Miletich	8 Barnum	80-06 3
7	Kiersten Evenson	11 Mlwr	80-01 2
8	Chelsea Kolkin	12 Two Harbors	79-02 1
9	Lacie Zoeller	8 Cromwell-Wri	77-00
10	Cassandra Prince	10 Two Harbors	75-06
11	Teyha LaPrairie-Davis	11 Carlton	74-10
12	Amanda Groth	12 Carlton	73-05
13	Alicia Smith	11 CookCounty	72-09
14	Abbie Menze	11 Wrenshall	71-01
15	Ashleigh Arntson	12 Esko High School	68-11
16	Zoie Johnson	7 Esko High School	68-07
17	Emily Jacobsen	11 CookCounty	65-00
18	Lucy Callender	10 CookCounty	64-04
19	Emily Barrett	12 Esko High School	63-01
20	Mercedes Moffett	12 Mlwr	61-08
21	Ashley Anderson	12 Carlton	61-03
22	Crystal Larson	11 Silver Bay	59-07
23	Steph Pasek	11 Mlwr	57-01
24	Maude Lenz	8 SouthRidge	55-05
25	Ashley Evans	10 Silver Bay	55-02
26	Miranda Poissant	8 Wrenshall	54-04

27 Alaura Anderson	10 SouthRidge	52-03
28 Arraya Laitinen	9 Barnum	45-07
29 Maia Lentz	8 Floodwood High S	42-04